

World Heart Day 2025-26

Date: 11 Jan 206

Team Overall

Rank	Category	Bib	Name	姓名	TeamName	TeamTime_	OfficialTime	ChipTime
1	3KM Corporate Cup	C4013	Lam Hiu Yung	林曉勇	Pfizer	0:38:11	0:11:43	0:11:42
1	3KM Corporate Cup	C4012	Chan Alex	陳浩然	Pfizer	0:38:11	0:13:09	0:13:07
1	3KM Corporate Cup	C4014	Lee Kin Loong Jason	李建隆	Pfizer	0:38:11	0:13:19	0:13:17
1	3KM Corporate Cup	C4010	Ng Kelvin	吳子堅	Pfizer	0:38:11	0:13:48	0:13:45
1	3KM Corporate Cup	C4011	Chan Nicholas	陳敏剛	Pfizer	0:38:11	0:16:24	0:16:20
1	3KM Corporate Cup	C4009	CHAN Wai Ting Wendy	陳慧婷	Pfizer	0:38:11	0:19:08	0:19:05
2	3KM Corporate Cup	C4042	Hui Cheuk Hin	許綽軒	防癆會中醫服務2	0:45:58	0:14:58	0:14:57
2	3KM Corporate Cup	C4038	Chan Man Ying	陳敏瑩	防癆會中醫服務2	0:45:58	0:15:13	0:15:11
2	3KM Corporate Cup	C4043	Wu Tsz Chiu Edwin	胡子釗	防癆會中醫服務2	0:45:58	0:15:47	0:15:44
2	3KM Corporate Cup	C4041	Zeng Tao	曾韜	防癆會中醫服務2	0:45:58	0:17:39	0:17:31
2	3KM Corporate Cup	C4039	Tse Hoi Shan	謝凱珊	防癆會中醫服務2	0:45:58	0:21:08	0:21:06
2	3KM Corporate Cup	C4040	Leung Po Yu	梁寶瑜	防癆會中醫服務2	0:45:58	0:24:42	0:24:35
3	3KM Corporate Cup	C4030	Fung Ho Chuen	馮浩泉	志蓮安老服務	0:48:05	0:14:20	0:14:16
3	3KM Corporate Cup	C4029	IP Man Fung	葉文峰	志蓮安老服務	0:48:05	0:16:20	0:15:59
3	3KM Corporate Cup	C4027	LO Ping Ying	羅萍瑛	志蓮安老服務	0:48:05	0:17:25	0:17:06
3	3KM Corporate Cup	C4026	TANG Wing Yan	鄧穎欣	志蓮安老服務	0:48:05	0:17:45	0:17:35
3	3KM Corporate Cup	C4031	KAO Tat Ming	古達明	志蓮安老服務	0:48:05	0:25:44	0:25:23
3	3KM Corporate Cup	C4028	WONG Fung Yi Connie	黃鳳儀	志蓮安老服務	0:48:05		
4	3KM Corporate Cup	C4018	Wong Lawrence	黃斯俊	WIN with you	0:48:27	0:15:23	0:15:18
4	3KM Corporate Cup	C4015	Lee Eunice	李軒琳	WIN with you	0:48:27	0:15:23	0:15:19
4	3KM Corporate Cup	C4017	Khan Aaron	簡子堅	WIN with you	0:48:27	0:17:41	0:17:36
4	3KM Corporate Cup	C4019	Cheng Cristiano	鄭子諾	WIN with you	0:48:27	0:17:50	0:17:45
4	3KM Corporate Cup	C4016	Shing Chris	成俊賢	WIN with you	0:48:27	0:17:56	0:17:56

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5	3KM Corporate Cup	C4022	Lam Ho Man	林浩文	同心同路	0:49:58	0:14:05	0:13:49
5	3KM Corporate Cup	C4021	AI JIA JIA	艾家嘉	同心同路	0:49:58	0:17:40	0:17:23
5	3KM Corporate Cup	C4023	Chung Ho Shing	賀晟中	同心同路	0:49:58	0:18:13	0:17:56
5	3KM Corporate Cup	C4025	Chan Ying Kit	陳英杰	同心同路	0:49:58	0:18:31	0:18:14
5	3KM Corporate Cup	C4024	Poon yiu tung gary	潘耀東	同心同路	0:49:58	0:19:23	0:19:04
5	3KM Corporate Cup	C4020	Lee Ho Ka	李浩嘉	同心同路	0:49:58	0:24:31	0:24:13
6	3KM Corporate Cup	C4037	Ma Chun Ho	馬俊豪	防癆會中醫服務1	0:52:21	0:15:43	0:15:42
6	3KM Corporate Cup	C4034	Choi Wing Kei	蔡詠琪	防癆會中醫服務1	0:52:21	0:17:19	0:17:13
6	3KM Corporate Cup	C4033	Wong Tsz Ching	王芷晴	防癆會中醫服務1	0:52:21	0:19:19	0:19:13
6	3KM Corporate Cup	C4036	Chu Yuen Ting	朱遠婷	防癆會中醫服務1	0:52:21	0:20:22	0:20:17
6	3KM Corporate Cup	C4035	Sze-to Wai Wan	司徒蔚芸	防癆會中醫服務1	0:52:21	0:20:31	0:20:25
6	3KM Corporate Cup	C4032	Chang Tsz Ying	曾芷楹	防癆會中醫服務1	0:52:21	0:21:12	0:21:07
7	3KM Corporate Cup	C4008	Poon Chun Tung Derek	潘振東	Medtronic	0:53:08	0:15:01	0:14:42
7	3KM Corporate Cup	C4004	Tsoi Jacky		Medtronic	0:53:08	0:15:50	0:15:32
7	3KM Corporate Cup	C4005	Ling Michael	凌臻樂	Medtronic	0:53:08	0:22:17	0:21:59
7	3KM Corporate Cup	C4006	Tse Ho Lung Timothy	謝昊龍	Medtronic	0:53:08	0:22:18	0:21:59
7	3KM Corporate Cup	C4007	Cheng Kyle		Medtronic	0:53:08		
7	3KM Corporate Cup	C4003	Leung Flora		Medtronic	0:53:08		
8	3KM Corporate Cup	C4001	Lam Wilson		iVascular	1:07:26	0:22:16	0:21:55
8	3KM Corporate Cup	C4002	XIE Ryan		iVascular	1:07:26	0:22:31	0:22:10
8	3KM Corporate Cup	C4000	Yeung Gwendolyn		iVascular	1:07:26	0:22:39	0:22:18

World Heart Day 2025-26

Date: 11 Jan 206

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1	3KM Hospital Cup	H4579	Lau Po Yin	劉寶彥	荃灣港安健心跑	0:37:37	0:11:10	0:11:10
1	3KM Hospital Cup	H4577	Cheung Siu Lun	張兆麟	荃灣港安健心跑	0:37:37	0:13:05	0:13:04
1	3KM Hospital Cup	H4582	Chan Tsz Chiu, Dennis	陳子釗	荃灣港安健心跑	0:37:37	0:13:21	0:13:21
1	3KM Hospital Cup	H4578	Chan Hoi Sing	陳凱星	荃灣港安健心跑	0:37:37	0:13:23	0:13:23
1	3KM Hospital Cup	H4581	Lai Yat Hang	賴逸恒	荃灣港安健心跑	0:37:37	0:16:07	0:16:01
1	3KM Hospital Cup	H4580	Yim Kin Ming	嚴建明	荃灣港安健心跑	0:37:37	0:19:30	0:19:29
2	3KM Hospital Cup	H4545	Ng Wai Yan Vernon	吳威恩	港安醫院司徒拔道	0:39:40	0:12:31	0:12:30
2	3KM Hospital Cup	H4546	Chung Wai Lam Michael	鍾瑋霖	港安醫院司徒拔道	0:39:40	0:13:32	0:13:30
2	3KM Hospital Cup	H4544	WONG Ping Hong Derek	黃秉康	港安醫院司徒拔道	0:39:40	0:13:38	0:13:38
2	3KM Hospital Cup	H4541		陳莉莉	港安醫院司徒拔道	0:39:40	0:14:13	0:14:12
2	3KM Hospital Cup	H4543	Lo Ka Yip	盧家業	港安醫院司徒拔道	0:39:40	0:15:11	0:15:09
2	3KM Hospital Cup	H4542	Lip On Tung	聶安彤	港安醫院司徒拔道	0:39:40		
3	3KM Hospital Cup	H4575	Ng Cheuk	吳卓	聖保祿醫院良善隊	0:45:29	0:12:39	0:12:38
3	3KM Hospital Cup	H4571	Cheung Andy	張禮賢	聖保祿醫院良善隊	0:45:29	0:14:25	0:14:23
3	3KM Hospital Cup	H4574	Lin Hiu Hang	練曉恆	聖保祿醫院良善隊	0:45:29	0:18:26	0:18:19
3	3KM Hospital Cup	H4573	Yeung Wai Ming	楊惠銘	聖保祿醫院良善隊	0:45:29	0:19:16	0:19:07
3	3KM Hospital Cup	H4576	Tang Wing Chiu	鄧穎超	聖保祿醫院良善隊	0:45:29	0:19:55	0:19:46
3	3KM Hospital Cup	H4572	TSANG CHEUK HANG	曾卓恒	聖保祿醫院良善隊	0:45:29	0:26:02	0:25:55
4	3KM Hospital Cup	H4522	Lee Pok Him	李博謙	QEHCARD 1	0:49:50	0:14:51	0:14:47
4	3KM Hospital Cup	H4519	Yeung Chi Pong		QEHCARD 1	0:49:50	0:16:32	0:16:28
4	3KM Hospital Cup	H4517	To Chung Chun		QEHCARD 1	0:49:50	0:18:27	0:18:20
4	3KM Hospital Cup	H4520	Lun Kevin Wai Ching	倫偉程	QEHCARD 1	0:49:50	0:20:44	0:20:40
4	3KM Hospital Cup	H4521	Tsang Nelson Siuki	曾兆祺	QEHCARD 1	0:49:50	0:22:25	0:22:20
4	3KM Hospital Cup	H4518	Wong Chi Yuen	黃志遠	QEHCARD 1	0:49:50	0:24:35	0:24:31

World Heart Day 2025-26

Date: 11 Jan 206

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5	3KM Hospital Cup	H4533	Yeung Yin Kei	楊彥驥	QEHCARD 3	0:51:17	0:15:29	0:15:25
5	3KM Hospital Cup	H4534	Ko Hon Yeung	高瀚揚	QEHCARD 3	0:51:17	0:16:58	0:16:54
5	3KM Hospital Cup	H4532	Chiang Chi Shing		QEHCARD 3	0:51:17	0:18:51	0:18:46
5	3KM Hospital Cup	H4530	Tang Hiu Ching	鄧曉晴	QEHCARD 3	0:51:17	0:21:47	0:17:52
5	3KM Hospital Cup	H4531	Sun Kin Fai		QEHCARD 3	0:51:17	0:22:10	0:22:02
5	3KM Hospital Cup	H4529	Kwok Wan Ying	郭允凝	QEHCARD 3	0:51:17	0:23:08	0:19:13
6	3KM Hospital Cup	H4509	Kwok Ching Fung	郭澄楓	HKBH HC	0:53:10	0:17:23	0:17:21
6	3KM Hospital Cup	H4513	Yu heuk Man	余卓文	HKBH HC	0:53:10	0:17:48	0:17:45
6	3KM Hospital Cup	H4511	Tong Yin Ting	唐燕婷	HKBH HC	0:53:10	0:17:58	0:17:56
6	3KM Hospital Cup	H4510	Li Yee Chu	李義珠	HKBH HC	0:53:10	0:20:48	0:20:46
6	3KM Hospital Cup	H4512	Tang King Fun	鄧勁勳	HKBH HC	0:53:10	0:22:01	0:21:10
6	3KM Hospital Cup	H4508	Leung Yin Fong	梁燕芳	HKBH HC	0:53:10	0:25:02	0:25:00
7	3KM Hospital Cup	H4552	KWOK Yuen Yi, Margaret	郭婉宜	聖保祿醫院信實隊	0:53:23	0:16:16	0:16:07
7	3KM Hospital Cup	H4548	WEN Yu Sum, Sabrina	尹俞心	聖保祿醫院信實隊	0:53:23	0:16:52	0:16:43
7	3KM Hospital Cup	H4551	Wong Hey Man	黃晞敏	聖保祿醫院信實隊	0:53:23	0:20:14	0:20:09
7	3KM Hospital Cup	H4547	KWAN Wan Man, Agnes	關韻雯	聖保祿醫院信實隊	0:53:23	0:21:16	0:21:06
7	3KM Hospital Cup	H4550	Kan Jackie	簡淑玲	聖保祿醫院信實隊	0:53:23	0:22:20	0:22:16
7	3KM Hospital Cup	H4549	Cheng Kin Suk, Theresa	鄭建淑	聖保祿醫院信實隊	0:53:23	0:23:22	0:23:18
8	3KM Hospital Cup	H4526	Cheung Man Sze		QEHCARD 2	0:56:01	0:17:10	0:17:04
8	3KM Hospital Cup	H4524	Shum Jannie Gem		QEHCARD 2	0:56:01	0:18:18	0:18:11
8	3KM Hospital Cup	H4527	Chan Miu Ching		QEHCARD 2	0:56:01	0:20:33	0:20:26
8	3KM Hospital Cup	H4523	Chung Yee Mei		QEHCARD 2	0:56:01	0:20:44	0:20:39
8	3KM Hospital Cup	H4528	Ng Sin Yee		QEHCARD 2	0:56:01	0:24:28	0:24:22
8	3KM Hospital Cup	H4525	Yip Sau Haang		QEHCARD 2	0:56:01	0:24:28	0:24:23

World Heart Day 2025-26

Date: 11 Jan 206

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9	3KM Hospital Cup	H4557	Koo Lam Chi	顧林滋	聖保祿醫院平安隊	0:57:04	0:17:46	0:17:41
9	3KM Hospital Cup	H4555	Lam Pik Shan	林碧珊	聖保祿醫院平安隊	0:57:04	0:19:04	0:18:59
9	3KM Hospital Cup	H4553	Man Yin Cheung	文燕章	聖保祿醫院平安隊	0:57:04	0:20:14	0:20:09
9	3KM Hospital Cup	H4556	Cheng Ka Wun	鄭嘉媛	聖保祿醫院平安隊	0:57:04	0:20:59	0:20:52
9	3KM Hospital Cup	H4554	Yip So	葉素	聖保祿醫院平安隊	0:57:04	0:24:14	0:24:10
9	3KM Hospital Cup	H4558	Tsang Sze Ki	曾思祺	聖保祿醫院平安隊	0:57:04	0:24:14	0:24:10
10	3KM Hospital Cup	H4583	Leung Shiu Ping	梁笑萍	荃灣港安護心跑	0:57:42	0:15:18	0:15:17
10	3KM Hospital Cup	H4584	Leung Shuk Yee Angela	梁淑儀	荃灣港安護心跑	0:57:42	0:19:08	0:18:54
10	3KM Hospital Cup	H4587	Ng Becky	吳巧女	荃灣港安護心跑	0:57:42	0:23:15	0:22:57
10	3KM Hospital Cup	H4586	Ho Lai Ying	何麗英	荃灣港安護心跑	0:57:42	0:27:49	0:27:30
10	3KM Hospital Cup	H4588	Tse Terry	謝培正	荃灣港安護心跑	0:57:42	0:35:40	0:35:24
10	3KM Hospital Cup	H4585	Chan May	陳靜婷	荃灣港安護心跑	0:57:42	0:35:45	0:35:28
11	3KM Hospital Cup	H4566	Wan Che Ching Chole		聖保祿醫院禮和隊	0:58:35	0:19:12	0:19:11
11	3KM Hospital Cup	H4568	Yeung Sau Hung	楊秀紅	聖保祿醫院禮和隊	0:58:35	0:19:26	0:19:23
11	3KM Hospital Cup	H4570	Lee Ying Suen		聖保祿醫院禮和隊	0:58:35	0:19:57	0:19:57
11	3KM Hospital Cup	H4565	Law Sheung Ki	羅霜奇	聖保祿醫院禮和隊	0:58:35	0:21:59	0:21:54
11	3KM Hospital Cup	H4569	Lam Tsz Man Luki		聖保祿醫院禮和隊	0:58:35	0:21:59	0:21:55
11	3KM Hospital Cup	H4567	Alice Cheng	鄭玉如	聖保祿醫院禮和隊	0:58:35	0:23:54	0:23:49
12	3KM Hospital Cup	H4562	Chong Yuk Ping	莊玉萍	聖保祿醫院忠義隊	0:59:45	0:17:40	0:17:36
12	3KM Hospital Cup	H4560	Yu Man Wa	余敏華	聖保祿醫院忠義隊	0:59:45	0:20:00	0:19:59
12	3KM Hospital Cup	H4564	Au Yeung Tsoi Ming	歐陽彩明	聖保祿醫院忠義隊	0:59:45	0:22:05	0:22:04
12	3KM Hospital Cup	H4563	Li Hiu Wah	李曉華	聖保祿醫院忠義隊	0:59:45	0:22:06	0:22:04
12	3KM Hospital Cup	H4559	Wong Hoi Yi	黃凱儀	聖保祿醫院忠義隊	0:59:45	0:24:14	0:24:12
12	3KM Hospital Cup	H4561	Wong Nga Wai Agnes	黃雅慧	聖保祿醫院忠義隊	0:59:45	0:24:15	0:24:15

World Heart Day 2025-26

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13	3KM Hospital Cup	H4515	Cindy	蔣斯萍	HKSH海邊走走	1:01:43	0:19:52	0:19:36
13	3KM Hospital Cup	H4514	Wong Hiu Yi	王曉怡	HKSH海邊走走	1:01:43	0:20:12	0:19:55
13	3KM Hospital Cup	H4516	Fung Yan Yee	馮欣儀	HKSH海邊走走	1:01:43	0:21:40	0:21:24
14	3KM Hospital Cup	H4501	Tam Guangming	譚廣明	CU Cardiac	1:05:32	0:20:14	0:19:58
14	3KM Hospital Cup	H4504	Tam Mark	譚子健	CU Cardiac	1:05:32	0:21:56	0:21:42
14	3KM Hospital Cup	H4503	Yan Bryan	甄秉言	CU Cardiac	1:05:32	0:23:22	0:23:08
14	3KM Hospital Cup	H4502	Chan Yu Ho	陳裕豪	CU Cardiac	1:05:32	0:25:49	0:25:34
14	3KM Hospital Cup	H4500	Cheng Yue Hong	鄭裕康	CU Cardiac	1:05:32	0:31:57	0:31:42
15	3KM Hospital Cup	H4540	Chan Ka Hei	陳嘉希	嘉諾撒醫院	1:09:53	0:20:17	0:20:07
15	3KM Hospital Cup	H4536	Chik Wing Lam	植詠琳	嘉諾撒醫院	1:09:53	0:23:10	0:23:01
15	3KM Hospital Cup	H4539	Leung Siu Man	梁笑文	嘉諾撒醫院	1:09:53	0:26:26	0:25:58
15	3KM Hospital Cup	H4537	Wong So Fong	黃素芳	嘉諾撒醫院	1:09:53	0:29:11	0:28:42
15	3KM Hospital Cup	H4538	Ho Chi Sum	何智心	嘉諾撒醫院	1:09:53	0:29:11	0:28:42
15	3KM Hospital Cup	H4535	Hung Ching Man Ady	熊靜敏	嘉諾撒醫院	1:09:53		
16	3KM Hospital Cup	H4507	HUI Tung Hei Andy	許東曦	CUHKMC 4	1:10:24	0:15:56	0:15:44
16	3KM Hospital Cup	H4506	LAM Chit Bor	林捷波	CUHKMC 4	1:10:24	0:27:14	0:27:01
16	3KM Hospital Cup	H4505	HUI Siu Yin Anna	許小燕	CUHKMC 4	1:10:24	0:27:14	0:27:03

World Heart Day 2025-26

Date: 11 Jan 206

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1	10KM Team	T2039	Wong Yip Pok		男人革命	1:58:56	0:38:24	0:38:24
1	10KM Team	T2036	Lau Chun Ki		男人革命	1:58:56	0:39:34	0:39:34
1	10KM Team	T2038	Chan Yin Lok		男人革命	1:58:56	0:40:58	0:40:58
1	10KM Team	T2037	Ho Chi Yuen		男人革命	1:58:56	0:41:36	0:41:36
1	10KM Team	T2041	Lam Chun Man		男人革命	1:58:56		
1	10KM Team	T2040	Ho Siu Ki		男人革命	1:58:56		
2	10KM Team	T2043	Chung Cheuk Yin	鍾卓賢	鐵心飛跑聯盟	2:18:49	0:45:20	0:45:10
2	10KM Team	T2045	Cheung Chun Sing	張振昇	鐵心飛跑聯盟	2:18:49	0:45:40	0:45:30
2	10KM Team	T2044	Siu Vincent Chun Yu	蕭震宇	鐵心飛跑聯盟	2:18:49	0:47:49	0:47:42
2	10KM Team	T2042	Tse Kai Pong	謝啟邦	鐵心飛跑聯盟	2:18:49	0:50:11	0:50:01
2	10KM Team	T2047	Lam Chun Bun	林振彬	鐵心飛跑聯盟	2:18:49	0:56:11	0:56:04
2	10KM Team	T2046	CHOW Chun Ling	周駿齡	鐵心飛跑聯盟	2:18:49		
3	10KM Team	T2022	Cheung Eddy	張仁貴	中文大學EMBA	2:32:57	0:47:36	0:47:35
3	10KM Team	T2019	Chan Lawrence	陳志恒	中文大學EMBA	2:32:57	0:51:44	0:51:18
3	10KM Team	T2021	Tse Ronald	謝廷灝	中文大學EMBA	2:32:57	0:53:36	0:53:03
3	10KM Team	T2023	Yuen Sam	袁裕深	中文大學EMBA	2:32:57	0:59:49	0:59:19
3	10KM Team	T2018	So Man Wai	蘇敏慧	中文大學EMBA	2:32:57	1:11:16	1:10:45
3	10KM Team	T2020	Leung Lap Man	梁立民	中文大學EMBA	2:32:57	1:11:16	1:10:44
4	10KM Team	T2035	Pang Hung Kit	彭鴻傑	熾魂疾風戰隊	2:37:55	0:49:36	0:49:26
4	10KM Team	T2034	Wan Shing Fun Billy	溫承勳	熾魂疾風戰隊	2:37:55	0:54:03	0:53:41
4	10KM Team	T2031	Fong Tsz Wai	方梓維	熾魂疾風戰隊	2:37:55	0:54:17	0:53:52
4	10KM Team	T2033	Chan Wai Tong	陳偉堂	熾魂疾風戰隊	2:37:55	0:54:44	0:54:20
4	10KM Team	T2030	Shum Hoi Yee	沈凱儀	熾魂疾風戰隊	2:37:55	1:07:21	1:06:57
4	10KM Team	T2032	Tsang Heung Wa	曾向華	熾魂疾風戰隊	2:37:55	1:20:31	1:20:05

World Heart Day 2025-26

Date: 11 Jan 206

Team Overall

Rank	Category	Bib	Name	姓名	TeamName	TeamTime_	OfficialTime	ChipTime
5	10KM Team	T2012	CHAN KING FAI	陳景輝	MENARINI	2:45:27	0:50:17	0:50:11
5	10KM Team	T2016	MAK HIU MEI SANDY	麥曉微	MENARINI	2:45:27	0:55:59	0:55:56
5	10KM Team	T2014	LEE CHO SZE	李楚施	MENARINI	2:45:27	0:59:10	0:59:03
5	10KM Team	T2015	NG FAT LUNG	吳法龍	MENARINI	2:45:27	0:59:12	0:59:05
5	10KM Team	T2013	WAN WING HONG RICKY	尹永康	MENARINI	2:45:27	0:59:27	0:59:22
5	10KM Team	T2017	NG SAU KWAN	吳秀群	MENARINI	2:45:27	0:59:35	0:59:31
6	10KM Team	T2001	CHAN CHONG TUNG	陳壯東	AMSCC	2:54:28	0:56:29	0:55:51
6	10KM Team	T2004	ching ming kei	程明基	AMSCC	2:54:28	0:58:31	0:57:58
6	10KM Team	T2003	SOO SIU HUNG	蘇兆雄	AMSCC	2:54:28	0:59:27	0:58:56
6	10KM Team	T2002	YEUNG SUN	楊燊	AMSCC	2:54:28	1:02:53	1:02:22
6	10KM Team	T2005	CHAU KIT HO	周傑浩	AMSCC	2:54:28	1:18:34	1:17:56
6	10KM Team	T2000	Tung Sze Yung Ophelia	董思蓉	AMSCC	2:54:28	1:26:34	1:26:02
7	10KM Team	T2028	Lam Chi Cheung	林志祥	吃貨衝刺特工	3:03:33	0:57:29	0:57:06
7	10KM Team	T2024	LEE Mei Han	李美嫻	吃貨衝刺特工	3:03:33	1:00:21	0:59:57
7	10KM Team	T2025	Liu Erica	廖婉詠	吃貨衝刺特工	3:03:33	1:05:43	1:05:19
7	10KM Team	T2027	Wong Wai Lap William	黃偉納	吃貨衝刺特工	3:03:33	1:17:12	1:16:49
7	10KM Team	T2029	Wong Kwok Tung	黃國棟	吃貨衝刺特工	3:03:33	1:17:12	1:16:50
7	10KM Team	T2026	Leung Man Ting	梁敏婷	吃貨衝刺特工	3:03:33		
8	10KM Team	T2007	HO SIU LUN	何兆麟	Menarini	3:10:00	0:57:25	0:57:21
8	10KM Team	T2008	WONG CHUNG YIU	黃頌堯	Menarini	3:10:00	1:05:05	1:04:57
8	10KM Team	T2009	KWONG KA YIN	鄺嘉燕	Menarini	3:10:00	1:07:30	1:07:24
8	10KM Team	T2010	TSOI MING WA	蔡銘樺	Menarini	3:10:00	1:12:03	1:11:56
8	10KM Team	T2011	CHEUK SIU SAN	卓小珊	Menarini	3:10:00	1:20:11	1:20:06
8	10KM Team	T2006	TANG CHING YAN JUNE	鄧靜茵	Menarini	3:10:00	1:22:09	1:22:03

World Heart Day 2025-26

Date: 11 Jan 206

Team Overall

Rank	Category	Bib	Name	姓名	TeamName	TeamTime_	OfficialTime	ChipTime
1	10KM Hospital Cup	H2522	So Yu Fai Benjamin	蘇宇暉	QMH_Med	2:00:08	0:38:52	0:38:50
1	10KM Hospital Cup	H2521	Un Ka Chun	阮嘉駿	QMH_Med	2:00:08	0:39:46	0:39:46
1	10KM Hospital Cup	H2523	Ko Kwan Lung	高君龍	QMH_Med	2:00:08	0:41:30	0:41:25
1	10KM Hospital Cup	H2525	Li Victor	李岱軒	QMH_Med	2:00:08	0:41:59	0:41:55
1	10KM Hospital Cup	H2520	Chan King Pui Florence	陳璟珮	QMH_Med	2:00:08	0:46:40	0:46:40
1	10KM Hospital Cup	H2524	Leung Man Kit Garret	梁文杰	QMH_Med	2:00:08	0:59:14	0:59:12
2	10KM Hospital Cup	H2528	YAM Ka Keung	任家強	SBHTeam1	2:07:36	0:38:29	0:38:28
2	10KM Hospital Cup	H2526	CHAN Tuen Ching	陳端正	SBHTeam1	2:07:36	0:43:00	0:43:00
2	10KM Hospital Cup	H2529	Chan Long Kiu Kelvin	陳朗翹	SBHTeam1	2:07:36	0:46:08	0:45:52
2	10KM Hospital Cup	H2527	Paul Aarne Koljonen	高日藍	SBHTeam1	2:07:36	0:46:13	0:46:13
2	10KM Hospital Cup	H2530	Kwok Chun Cheung	郭鎮翔	SBHTeam1	2:07:36	0:55:05	0:54:30
2	10KM Hospital Cup	H2531	Woo Yik Yin Edwin	胡奕研	SBHTeam1	2:07:36	1:02:45	1:02:09
3	10KM Hospital Cup	H2508	YIP Kam	葉錦	CUHKMC 2	2:08:20	0:39:53	0:39:50
3	10KM Hospital Cup	H2511	CHOW Ting Kwan	周定鈞	CUHKMC 2	2:08:20	0:44:00	0:43:56
3	10KM Hospital Cup	H2510	CHAN Kwun Yip	陳觀業	CUHKMC 2	2:08:20	0:44:28	0:44:25
3	10KM Hospital Cup	H2509	FU Mianheng	傅勉恒	CUHKMC 2	2:08:20	1:01:23	1:00:54
3	10KM Hospital Cup	H2507	TSANG Wai Shan	曾慧珊	CUHKMC 2	2:08:20	1:06:54	1:06:43
3	10KM Hospital Cup	H2506	WONG Hoi Yan	黃愷欣	CUHKMC 2	2:08:20	1:06:54	1:06:43
4	10KM Hospital Cup	H2516	Lee Kam Sing		QEHCARD	2:19:52	0:38:52	0:38:49
4	10KM Hospital Cup	H2519	Pang Chi Sum		QEHCARD	2:19:52	0:48:56	0:48:35
4	10KM Hospital Cup	H2517	Liu Chiu Shing		QEHCARD	2:19:52	0:52:03	0:51:39
4	10KM Hospital Cup	H2515	Ho Mei Han		QEHCARD	2:19:52	0:54:14	0:53:50
4	10KM Hospital Cup	H2518	Lee Kang Yin		QEHCARD	2:19:52	0:57:25	0:56:59

World Heart Day 2025-26

Date: 11 Jan 206

Team Overall

Rank	Category	Bib	Name	姓名	TeamName	TeamTime_	OfficialTime	ChipTime
5	10KM Hospital Cup	H2505	WONG Yu Kit	黃愉杰	CUHKMC 1	2:23:33	0:46:25	0:46:23
5	10KM Hospital Cup	H2501	TSE Hiu Man	謝曉敏	CUHKMC 1	2:23:33	0:47:47	0:47:34
5	10KM Hospital Cup	H2504	PANG Kwok Hung	彭珏熊	CUHKMC 1	2:23:33	0:49:22	0:49:19
5	10KM Hospital Cup	H2502	LIN lianhua	林連華	CUHKMC 1	2:23:33	0:52:54	0:52:51
5	10KM Hospital Cup	H2503	CHEUNG Kin Ho	張健豪	CUHKMC 1	2:23:33	1:01:18	1:01:15
5	10KM Hospital Cup	H2500	WONG Wan Ki Suki	黃韻琪	CUHKMC 1	2:23:33	1:16:09	1:15:56
6	10KM Hospital Cup	H2568	Wong Chung Ting Martin	黃頌廷	聖保祿醫院孝悌隊	2:28:10	0:40:50	0:40:47
6	10KM Hospital Cup	H2573	Wong Hei Long	黃曦朗	聖保祿醫院孝悌隊	2:28:10	0:49:57	0:49:34
6	10KM Hospital Cup	H2570	Tam Ka Keung	譚家強	聖保祿醫院孝悌隊	2:28:10	0:57:24	0:57:03
6	10KM Hospital Cup	H2571	Chung Kwok Kay	鍾國基	聖保祿醫院孝悌隊	2:28:10	1:03:20	1:02:58
6	10KM Hospital Cup	H2569	Chan Fui	陳魁	聖保祿醫院孝悌隊	2:28:10	1:05:43	1:05:21
6	10KM Hospital Cup	H2572	Yip Chun Kit	葉俊傑	聖保祿醫院孝悌隊	2:28:10	1:17:52	1:17:31
7	10KM Hospital Cup	H2552	CHO Ming Kiu, Isaac	曹銘翹	聖保祿放射勇士	2:30:21	0:44:56	0:44:50
7	10KM Hospital Cup	H2551	YIU Hing Cheung Jimmy	姚慶祥	聖保祿放射勇士	2:30:21	0:51:44	0:51:26
7	10KM Hospital Cup	H2553	FUNG Yik Yan, Julian	馮奕昕	聖保祿放射勇士	2:30:21	0:53:40	0:53:22
7	10KM Hospital Cup	H2554	TO Yu Hang, Jason	杜宇恆	聖保祿放射勇士	2:30:21	1:01:08	1:00:48
7	10KM Hospital Cup	H2555	Chan Yiu Tung	陳耀東	聖保祿放射勇士	2:30:21	1:10:54	1:10:39
7	10KM Hospital Cup	H2550	HUI On Kit, Jack	許安傑	聖保祿放射勇士	2:30:21		
8	10KM Hospital Cup	H2543	So Wai Kin	蘇偉健	SBHTeam3	2:35:48	0:41:37	0:41:34
8	10KM Hospital Cup	H2540	Leung Mei Kwan Milk	梁美君	SBHTeam3	2:35:48	0:54:21	0:54:18
8	10KM Hospital Cup	H2541	Leung Wai Yin	梁偉然	SBHTeam3	2:35:48	0:59:51	0:59:18
8	10KM Hospital Cup	H2542	Chan Wai Kwong	陳偉光	SBHTeam3	2:35:48	1:03:04	1:02:29
8	10KM Hospital Cup	H2538	LIN Oi Yee, Francis	連靄怡	SBHTeam3	2:35:48	1:03:29	1:02:55
8	10KM Hospital Cup	H2539	Chan Suk Fai	陳淑暉	SBHTeam3	2:35:48	1:05:08	1:04:35

World Heart Day 2025-26

Date: 11 Jan 206

Team Overall

Rank	Category	Bib	Name	姓名	TeamName	TeamTime_	OfficialTime	ChipTime
9	10KM Hospital Cup	H2579	Ho Hin Wai	何顯煒	聖保祿醫院忠信隊	2:37:06	0:44:47	0:44:45
9	10KM Hospital Cup	H2576	Tong Man Ho	唐文皓	聖保祿醫院忠信隊	2:37:06	0:50:27	0:50:14
9	10KM Hospital Cup	H2575	Pang Wing Kei	彭榮基	聖保祿醫院忠信隊	2:37:06	1:01:51	1:01:36
9	10KM Hospital Cup	H2578	Chan Chi Fung	陳志豐	聖保祿醫院忠信隊	2:37:06	1:03:06	1:02:53
9	10KM Hospital Cup	H2577	Cheung Kristopher Ka-Wai	張家瑋	聖保祿醫院忠信隊	2:37:06	1:03:29	1:03:16
9	10KM Hospital Cup	H2574	Hao Jetson	侯浩庭	聖保祿醫院忠信隊	2:37:06		
10	10KM Hospital Cup	H2580	LEUNG KA WING	梁嘉榮	聖保祿醫院智勇隊	2:39:06	0:50:41	0:50:07
10	10KM Hospital Cup	H2583	Ngai Yiu Hing William	魏堉鑫	聖保祿醫院智勇隊	2:39:06	0:53:05	0:53:04
10	10KM Hospital Cup	H2584	Lok Ka Ho	樂家豪	聖保祿醫院智勇隊	2:39:06	0:55:19	0:55:01
10	10KM Hospital Cup	H2585	Koo Zem	辜錦鴻	聖保祿醫院智勇隊	2:39:06	1:01:42	1:01:12
10	10KM Hospital Cup	H2582	Lee Siu Wing	李少榮	聖保祿醫院智勇隊	2:39:06	1:09:28	1:09:10
10	10KM Hospital Cup	H2581	CHENG HAY	鄭犧	聖保祿醫院智勇隊	2:39:06	1:12:28	1:11:54
11	10KM Hospital Cup	H2556	Wong Pui Shan	黃佩嫻	聖保祿醫院仁愛隊	2:42:52	0:49:26	0:49:12
11	10KM Hospital Cup	H2561	Yeung Lai Yin	楊麗然	聖保祿醫院仁愛隊	2:42:52	0:53:04	0:52:49
11	10KM Hospital Cup	H2557	Chan Joyce	陳潔瑩	聖保祿醫院仁愛隊	2:42:52	1:00:22	1:00:03
11	10KM Hospital Cup	H2560	Cheuk Sze Man	卓思敏	聖保祿醫院仁愛隊	2:42:52	1:07:18	1:06:58
11	10KM Hospital Cup	H2559	Yiu Wing Tung	姚穎彤	聖保祿醫院仁愛隊	2:42:52	1:13:10	1:12:50
11	10KM Hospital Cup	H2558	Wong Suk Man	王淑文	聖保祿醫院仁愛隊	2:42:52	1:14:56	1:14:35
11	10KM Hospital Cup	H2557	Chan Joyce	陳潔瑩	聖保祿醫院仁愛隊	2:42:52		
12	10KM Hospital Cup	H2549	Lau Chun Him	劉俊謙	嘉諾撒醫院	2:45:07	0:35:37	0:35:37
12	10KM Hospital Cup	H2547	Lam Shu Ting	林舒婷	嘉諾撒醫院	2:45:07	0:59:28	0:59:27
12	10KM Hospital Cup	H2544	Wong Man Chun	黃敏津	嘉諾撒醫院	2:45:07	1:10:01	1:09:25
12	10KM Hospital Cup	H2548	Chow Lok Yi	周樂怡	嘉諾撒醫院	2:45:07	1:13:14	1:12:57
12	10KM Hospital Cup	H2546	Ko Cheuk Yan	高卓欣	嘉諾撒醫院	2:45:07	1:17:42	1:17:07
12	10KM Hospital Cup	H2545	Lai Wai Wun	黎慧媛	嘉諾撒醫院	2:45:07	1:23:23	1:22:48

World Heart Day 2025-26

Date: 11 Jan 206

Team Overall

Rank	Category	Bib	Name	姓名	TeamName	TeamTime_	OfficialTime	ChipTime
13	10KM Hospital Cup	H2512	WONG Hei Yin Hazel	黃曦妍	CUHKMC 3	2:57:40	0:57:45	0:57:34
13	10KM Hospital Cup	H2514	LAM Wan Ka	林韻嘉	CUHKMC 3	2:57:40	0:57:49	0:57:37
13	10KM Hospital Cup	H2513	LAM Pui Yuk	林佩玉	CUHKMC 3	2:57:40	1:02:06	1:01:56
14	10KM Hospital Cup	H2536	Chan Sau Hang	陳秀恆	SBHTeam2	3:09:56	1:00:17	0:59:44
14	10KM Hospital Cup	H2537	Yeung Wing Lok	楊永樂	SBHTeam2	3:09:56	1:01:31	1:01:00
14	10KM Hospital Cup	H2534	Lam Kwok Kin	林國堅	SBHTeam2	3:09:56	1:08:08	1:07:33
14	10KM Hospital Cup	H2532	Law So	羅素	SBHTeam2	3:09:56	1:09:06	1:08:33
14	10KM Hospital Cup	H2535	Lee Tsz Nok	李梓諾	SBHTeam2	3:09:56	1:10:09	1:09:36
14	10KM Hospital Cup	H2533	Chan Tan Ni	陳丹妮	SBHTeam2	3:09:56	1:19:05	1:18:33
15	10KM Hospital Cup	H2566	Ng Yan Lee	吳茵莉	聖保祿醫院喜樂隊	3:18:49	1:02:24	1:02:07
15	10KM Hospital Cup	H2565	Lam Antonia	林欣彤	聖保祿醫院喜樂隊	3:18:49	1:07:35	1:07:21
15	10KM Hospital Cup	H2563	Kwok CHUN LAN COOKIES	郭進蘭	聖保祿醫院喜樂隊	3:18:49	1:08:50	1:08:30
15	10KM Hospital Cup	H2564	Yuen Pik Shan	袁碧珊	聖保祿醫院喜樂隊	3:18:49	1:10:14	1:09:56
15	10KM Hospital Cup	H2562	Tsui Oi Lun	徐愛倫	聖保祿醫院喜樂隊	3:18:49	1:23:01	1:22:42
15	10KM Hospital Cup	H2567	Siu Kin Hung Carol	蕭健紅	聖保祿醫院喜樂隊	3:18:49	1:28:23	1:28:04